# LUCEAT LIX VESTRA

# LOYOLA COLLEGE (AUTONOMOUS), CHENNAI - 600 034

# M.Sc. DEGREE EXAMINATION - FOOD CHEMISTRY AND FOOD PROCESSING

### SECOND SEMESTER - APRIL 2015

## FP 2953 - FUNCTIONAL FOODS AND NUTRACEUTICALS

| Date: 25/04/2015 | Dept. No. | Max. : 100 Marks |
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Time: 01:00-04:00

### PART - A

### **Answer ALL the questions:**

 $(10 \times 2 = 20 \text{ marks})$ 

- 1. State any three requirements for a functional food to acquire a disease claim.
- 2. What is a bio-autographic method?
- 3. Name any two therapeutic uses of curcumin.
- 4. List any four food sources of flavonoid polyphenolics.
- 5. Define monoclonal antibody.
- 6. What is humulin?
- 7. List the drugs that interact with mushroom extract.
- 8. Mention any four functional foods with anti-carcinogenic property.
- 9. Name any four bioactive components in spices.
- 10. Define nutraceuticals.

# PART - B

**Answer any EIGHT questions:** 

 $(8 \times 5 = 40 \text{ marks})$ 

- 11. Write a note on any one non-chromatographic methods used for the isolation of bioactive compounds.
- 12. What is the relation of functional food and nutraceutical science with other fields of science?
- 13. Write short notes on the health benefits of ALA.
- 14. Bring out health benefits and bioactive components of Bee pollen.
- 15. Discuss the mechanism of action of lecithin in human system.
- 16. Write short notes on spirulina.
- 17. Explain the role of bioactive peptides as a therapeutic agent.
- 18. What are the gastrointestinal challenges of functional foods?
- 19. Discuss the role of fruits and vegetables as functional foods.
- 20. Write short notes on the role of GAP and GMP in regulating nutraceuticals.
- 21. Explain the positive influence of functional foods on blood lipid profile.
- 22. Classify nutraceuticals based on its chemical nature.

### PART - C

### **Answer any FOUR questions:**

(4x10 = 40 marks)

- 23. Write in detail on the significant scientific agreement standards that govern health claims of functional foods.
- 24. Describe the role of various phytochemicals in the production of nutraceuticals for disease prevention.
- 25. Explain the role of plant based pharmaceuticals in expression of human proteins for disease alleviation.
- 26. How is human therapeutics produced using rDNA technology? Explain the production using an illustration.
- 27. Discuss the process of supercritical fluid extraction technology in nutraceutical production.
- 28. "Nutrigenomics is the application of high-throughput genomics tools in nutrition research" Discuss.

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